

CJC –225 Crisis Intervention

COURSE DESCRIPTION:

Prerequisites: There are no prerequisites.

Corequisites: None

Course description. This course introduces critical incident intervention and management techniques as they apply to operational criminal justice practitioners. Emphasis is placed on the victim/offender situation as well as job-related high stress, dangerous, or problem-solving citizen contacts. Upon completion, students should be able to provide insightful analysis of emotional, violent, drug-induced, and other critical and/or stressful incidents that require field analysis and/or resolution.

LEARNING OUTCOMES:

1. Develop a basic understanding of mental health in victim/offender populations;
2. Identify the signs and symptoms of individuals in a mental health crisis, improve your assessments of situations, and learn new tools for de-escalating crisis situations.
3. Recognize crisis situations caused by nonmental health factors such as drug-induced or violence.
4. Explain the operational skills necessary to work effectively with families of individuals experiencing mental health crisis.
5. Identify local resources that support public safety response to mental health crisis situations that mutual benefit the responders and victim/offenders.
6. Demonstrate through practical based scenarios techniques learned for acceptable response and intervention to a mental health crisis situation.

OUTLINE OF INSTRUCTION:

- I. Course Introduction
 - A. Defining Mental Health Crisis
 - B. Public Safety's Response
 - C. Duty to Act
- II. Response and Intervention
 - A. Recognizing signs and symptoms of mental illness
 - B. Situational Awareness
 - C. Cultural Competency
- III. Response Techniques
 - A. De-escalation
 - B. Problem Solving
 - C. Scene Safety

- IV. Recognizing Crisis Contributors
 - A. Substance Abuse/Drug-Induced
 - B. Neglect and/or Abuse
 - C. Environmental Factors

- V. Family Support Systems
 - A. Caregiver Support
 - B. Understanding Family Dynamics
 - C. Stages of Emotional Response

- VI. Working with Families in Crisis
 - A. Partnerships
 - B. Avoid Struggling for Control
 - C. Respect and Trust

- VII. Scenario Based Training

- VIII. Course Conclusion

REQUIRED TEXTBOOK AND MATERIAL:

The instructor will determine the textbook and other instructional material.