

OTA 250 Adult Concepts & Interventions

COURSE DESCRIPTION:

Prerequisites: OTA 130

Corequisites: PSY 241, OTA 162, OTA 170, and OTA 180

This course provides knowledge and skills needed for working with adults through the lifespan. Emphasis is placed on identification and discussion of common changes associated with aging, disabilities and chronic diseases affecting this population, assessments and intervention, including developing healthy habits and routines, and the impact on participation in occupation in various settings. Upon completion, students should be able to plan, implement, and modify appropriate interventions with adults in their context and environment to promote engagement in occupations.

Course Hours Per Week: Class, 2; Lab, 3; Clinical, 0 Semester Hours Credit: 3

LEARNING OUTCOMES:

Upon completing requirements for this course, the student will be able to:

1. Understand and compare biological, social, and psychological theories of the aging process.
2. Understand common conditions/diseases and the social determinants of health that impact older adults.
3. Understand physiological and psychological changes that occur during the aging process that may impact occupational performance.
4. Explain the role of sociocultural, socioeconomic, diversity factors, and lifestyle choices in the aging process.
5. Demonstrate understanding of various reimbursement systems and funding mechanisms including coding and documentation requirements highlighting the need and rationale for occupational therapy services.
6. Understand infection control standards and procedures with respect to the aging client.
7. Demonstrate knowledge of OTA and activity coordinator roles in geriatric settings.
8. Express ideas clearly in oral presentations and written reports.
9. Demonstrate clinical reasoning to address occupation-based interventions.
10. Collaborate with a supervisor to develop appropriate interventions for adults across the lifespan.
11. Use appropriate intervention approaches, strategies and techniques for various client conditions and situations.
12. Effectively communicate with an older adult to collect information for a comprehensive occupational profile.
13. Understand the ethical and legal considerations related to aging and end of life.
14. Understand the continuum of care as it relates to OT practice with the aging adult.

OUTLINE OF INSTRUCTION:

- I. **The following ACOTE Standards are met in this course:** B.1.2., B.1.3., B.3.1., B.4.2., B.4.9., B.4.12., B.4.14., B.4.16., B.4.18., B.4.20., B.4.28., B.4.29. B.7.1.

REQUIRED TEXTBOOK AND MATERIAL:

The textbook and other instructional material will be determined by the instructor.