

## **OTA 180 PSYCHOSOCIAL CONDITIONS**

### **COURSE DESCRIPTION:**

Prerequisites: ENG 112, PSY 281

Corequisites: OTA 130, OTA 162

This course is designed to provide knowledge and skills needed for working with individuals experiencing various psychosocial conditions to help them achieve participation in life through engagement in occupation. Topics include mental health conditions, applicable theories and principles, symptoms of dysfunction, assessment and treatment of individuals, planning and facilitating therapeutic groups, client safety, therapeutic use of self, and psychosocial aspects of practice. Upon completion, students should be able to effectively plan and conduct individual and group interventions for client conditions related to psychosocial dysfunction while recognizing contexts and environments that may also impact occupational performance.

Course Hours per Week: Class, 2; Lab, 3; Clinical, 0. Semester Hours Credit: 3.

### **LEARNING OUTCOMES:**

Upon completing requirements for this course, the student will be able to:

1. Gather pertinent information to engage with clients in psychosocial settings.
2. Identify common precautions and safety issues in psychosocial settings.
3. Understand common psychosocial conditions and their impact on occupational performance.
4. Use appropriate terminology and abbreviations related to psychosocial conditions.
5. Express ideas clearly in oral presentations and written reports.
6. Understand client safety with regard to precautions, interventions, facility procedures, equipment and environments.
7. Understand the importance of client confidentiality.
8. Use knowledge of inherited and acquired psychosocial conditions that may impact occupational performance.
9. Identify common assessments used in psychosocial practice settings.
10. Understand common theories and frames of reference used in occupational therapy when clients have psychosocial concerns.
11. Select and apply an OT frame of reference to a client scenario.
12. Use clinical reasoning to develop appropriate interventions for a client with a psychosocial condition.
13. Use appropriate intervention strategies & techniques for various client conditions and situations.
14. Identify medical and community resources for continuity of care
15. Articulate the impact of the socio-political climate and policy decisions on clients with psychosocial conditions and their support networks.
16. Identify barriers to effective communication with clients who have psychosocial conditions.

17. Identify appropriate therapeutic responses to clients with psychosocial concerns.
18. Understand aspects of group dynamics and their impact on OT practitioners responsible for group interventions.
19. Effectively locate and understand information, including the quality of the source of information to make evidence-based practice decisions.

**REQUIRED TEXTBOOK AND MATERIAL:**

The textbook and other instructional material will be determined by the instructor.